

Guru Nanak College of Research and Education, Bhandup



Topic: Action Research

Date:- 20th January 2026

Class:- S.Y.B.ED.

A guest lecture on *Action Research* was organized at Guru Nanak College of Education and Research on 20th January 2026 for the students of SYB.Ed. The objective of the programme was to familiarize student-teachers with the concept, significance, and practical application of action research in the teaching–learning process.

The session was conducted by Dr. Shaharas P. V., Assistant Professor at All India Khilafat Committee College of Education, Mumbai.

During her lecture, Dr. Shaharas elaborated in detail on the meaning, characteristics, and systematic procedure of action research. She explained that action research is a reflective and cyclical process that enables teachers to identify real classroom problems and take immediate corrective measures. She highlighted each step involved, beginning with identifying and defining a specific classroom issue, followed by formulating clear objectives and hypotheses. She further explained how teachers should prepare an action plan, select appropriate tools for data collection such as observation, questionnaires, or tests, and implement the planned strategies in the classroom. Emphasis was also laid on analyzing the collected data carefully, interpreting the findings, and drawing meaningful conclusions. She stressed the importance of reflection at every stage to ensure continuous improvement in teaching practices. Through practical examples, she demonstrated how action research empowers teachers to become problem-solvers, innovators, and reflective practitioners, ultimately leading to improved student learning outcomes.

The session was informative, engaging, and interactive, with active participation from the students. It concluded with a vote of thanks. Overall, the programme proved to be highly beneficial, strengthening students' understanding of action research as a valuable approach for professional development and reflective teaching practice.

